

Mental Wellbeing Impact Assessment Screening Training



What is Mental Wellbeing Impact Assessment (MWIA)?

Mental wellbeing impact assessment (MWIA) is an evidence-based toolkit that enables organisations to identify, demonstrate and improve their impact on mental wellbeing. Developed by specialists in the UK, the MWIA Toolkit has been used to assess over 1000 policies, projects and services around the world. Promoting the use of wellbeing impact assessments is an action under *Living Well: A Strategic Plan for Mental Health in NSW 2014-2024* and the approach has been used to support quality improvement and evidence-based decision making in health, education and community settings. In mental health contexts, the process facilitates the meaningful participation of people with lived experience of mental health issues and carers, as well as staff, in planning, design and evaluation.

“The assessment identified issues which impacted on the mental wellbeing of our staff and consumers. It has informed the development of wellbeing interventions for our busy Mental Health Wards. We now intend to undertake the MWIA in all our clinical areas as an ongoing quality improvement strategy for our services.” Mike Gatsi, Service Director, SESLHD

MWIA screening training

The Mental Health Commission of NSW is proud to be supporting training in MWIA screening for NSW Health staff. Led by [Tony Coggins](#), one of the authors of the toolkit, this course is an opportunity for participants to learn how to facilitate this innovative process and apply it to their work. Training will be provided **free of charge** to workers in clinical and non-clinical roles within NSW mental health services. All training will be delivered online across three sessions in small groups of up to 12. The course includes a combination of theory, supported practical applications and assignments. Participants who complete the training will be verified as MWIA screening practitioners.



Benefits

You will:

- be verified to use this internationally recognised service assessment tool
- be part of an exciting project aiming to improve mental health service quality and experience in NSW
- make a difference to the wellbeing of people with lived experience, families and carers, kinship groups and staff
- become part of a network of MWIA practitioners

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Course Outline

Mental Well-being Impact Assessment Screening Training

Learning outcomes

The MWIA screening program enables participants to:

- understand the purpose of screening
- have the knowledge and skills to complete a screening assessment of a policy service, program or project for impact on mental wellbeing
- be able to practically apply MWIA in own work context
- produce a high-quality screening report.

Pre-course set up

Participants will be put in teams of 3 or 4 before the first session. Participants will meet with the course facilitator prior to the first training session to identify a topic for the screening practical of the course. The facilitator will support the team to set up the screening practical.

Online session 1: introduction to MWIA screening

A two-hour training session held in a virtual classroom. This session will cover:

- what is MWIA?
- the evidence base for mental wellbeing
- using the MWIA Checklist
- how to facilitate an MWIA screening.

Online session 2: practicing screening

A two-hour session where screening teams will:

- practice facilitating a screening meeting
- final preparations for undertaking the screening practical.

Screening practical

A two-hour screening facilitated by participant screening teams and supported by the course facilitator.

Online session 3: screening reflection

A two-hour feedback and reflection session covering:

- screening team feedback and learning
- report writing
- planning for MWIA use
- next steps.

Team assignments (screening reports)

Each team will write a screening report identifying potential impact on mental wellbeing highlighted by the practical screening. A second screening will be completed and submitted within four weeks of completing the first assignment to consolidate learning.

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of New South Wales



Implemental
improving mental health and
wellbeing around the world

Learning logs and verification

Each participant will be required to submit and self-assessment learning log for verification to be signed off by the course facilitator. All participants who are verified will receive an MWIA practitioner certificate.

2020 Course dates

MWIA Screening Training Elements	Course 1	Course 2	Course 3	Course 4
Pre-meet and set up (1 hour)				
Session 1: introduction to MWIA screening (2 hours)	3 rd Sept.	7 th Sept.	11 th Sept.	6 th Oct.
Session 2: practicing screening (2 hours)	8 th Sept.	9 th Sept.	15 th Sept.	8 th Oct.
Screening practical A 2-hour practical booked at a time to suit between these dates	14-18 th Sept.	14 th -18 th Sept.	7-9 th Oct.	14-16 th Oct.
Session 3: screening reflection	23 rd Sept.	24 th Sept.	21 st Oct.	22 nd Oct.
Assignment deadlines				
Assignment 1 (Screening report)	8 th Oct.	9 th Oct.	2 nd Nov.	3 rd Nov.
Assignment 2 (Screening report)	13 th Nov.	16 th Nov.	9 th Dec.	10 th Dec.
Learning log submission	27 th Nov.	30 th Nov.	20 th Dec.	21 st Dec.

For more information or to discuss any aspect of the course content or requirements please contact tonycoggins@ymail.com

To apply return the attached expression of interest form to tonycoggins@ymail.com by 5pm 13th August 2020.

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Expression of interest (EOI)

Places are limited. To apply, please submit this form and your responses to the selection criteria below to tonycoggins@ymail.com by **5pm, 13th August 2020**.

Please indicate your preferred course dates, in order:

Course 1 Course 2 Course 3 Course 4

Name:

Phone: Email:

Organisation:

Signature:

1. Requirements

You must be able to commit to:

- active participation in all elements of the training
- being prepared to work as part of a small team
- completion of 2 screening reports
- completion of a Learning Log
- gaining organisational support to attend the training and undertaken MWIA screenings as part of your role.

I understand and agree with the above requirements (please tick)

2. Selection criteria

Please provide written responses to the following criteria (no more than half a page):

- Why you want to attend this training
- How you think you might use the screening process in your work.

3. Have organisational support to meet the training requirements

I support this applicant, (insert name) to participate in all components of MWIA screening training. If successful in securing a place in the training, the organisation will support this applicant to meet the requirements set out above.

Name: Position:

Organisation: Email:

Signature:

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