Wheel of Wellbeing

Butterfly Feeder

(Inspired by the <u>Natural History Museum</u>)



Overview of the activity

Why not encourage butterfly species to your gardens by making your very own butterfly feeders?



Why do this?

Butterflies are more than just beautiful—they're essential to the balance of nature. As pollinators, they help wildflowers and crops flourish, creating food and shelter for birds, bats, and countless other animals. Their delicate presence reflects the health of our planet, and when their numbers fall, it's a warning that nature itself is out of balance. Protecting butterflies means protecting the vibrant web of life that depends on them.



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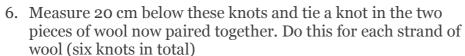
Materials

- A plate
- A key ring
- Scissors
- A tape measure
- Wool (or string)
- Overripe fruit

Instructions

(Prefer to watch a video? click here)

- 1. Cut six lengths of wool, each 2.75 metres long. Gather them and fold in half.
- 2. Push the folder end through the key ring to create a loop ad pull the loose ends through.
- 3. Separate into six strands (each strand will include two pieces of wool).
- 4. Measure 30 cm from the ring and tie a knot in each strand
- 5. Below these knots, separate the wool into 12 strands, then bring together strands which are next to each other, leaving the out strands until last.



- 7. Check the width of the plate at its widest point, measure this length below the second knot and tie all strands together in one bog knot.

- 8. Place the plate in the wool hanger so that the final big knot is below the middle of the plate and the strands are spaced out around the edge. Hang in a sunny spot out of the wind.
- 9. Add some overripe fruit banana works well.





