

Briefing

Mental Wellbeing Impact Assessment (MWIA)

Capacity Building



What is Mental Well-being Impact Assessment (MWIA)?

MWIA is an evidence-based toolkit that enables organisations to identify, demonstrate and improve their impact on mental well-being. Developed over 10 years, by a collaboration of specialists, the MWIA Toolkit has been used on over 1,000 policies, projects and services around the world. It was highlighted as a good practice tool in the UK Mental Health Outcomes Strategy (HMG 2011) and the European Mental Health in all Policy (MHiaP) initiative, 2015. The MWIA process supports quality improvement, evidence-based decision making and facilitates the meaningful participation of people with lived experience and staff in service planning, design and evaluation. Some examples of use in Australia can be found at: <https://wbcnsw.net/mental-wellbeing-impact-assessment/>

“The assessment identified issues which impacted on the mental wellbeing of our staff and consumers. It has informed the development of wellbeing interventions for our busy Mental Health Wards. We now intend to undertake the MWIA in all our clinical areas as an ongoing quality improvement strategy for our services.” Mike Gatsi, Service Director

MWIA Capacity Building Project

Following the successful pilot of the MWIA process with two LHD's the NSW Mental Health Commission has invited [Implemental](#) (formally Maudsley International) to run an MWIA capacity building project. The program aims to build the ability of health services to systematically embed mental wellbeing into the way that they operate and maximise well-being and resilience for people with lived experience, their staff and communities. Led by one of the original authors of the toolkit, the project offers an exceptional opportunity for staff to learn how to facilitate the MWIA process. Up to 50 LHD staff will be trained and supported to assess different aspects of the mental health system in NSW for impact on mental well-being. This will include on-line training, support to practically apply the process, provision of feedback and support and verification as an MWIA screening practitioner.

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