

# Course Outline

## Mental Well-being Impact Assessment Screening Training



### Learning outcomes

The MWIA screening program enables participants to:

- understand the purpose of screening
- have the knowledge and skills to complete a screening assessment of a policy service, program or project for impact on mental wellbeing
- be able to practically apply MWIA in own work context
- produce a high-quality screening report.

### Pre-course set up

Participants will be put in teams of 3 or 4 before the first session. Participants will meet with the course facilitator prior to the first training session to identify a topic for the screening practical of the course. The facilitator will support the team to set up the screening practical.

### Online session 1: introduction to MWIA screening

A two-hour training session held in a virtual classroom. This session will cover:

- what is MWIA?
- the evidence base for mental wellbeing
- using the MWIA Checklist
- how to facilitate an MWIA screening.

### Online session 2: practicing screening

A two-hour session where screening teams will:

- practice facilitating a screening meeting
- final preparations for undertaking the screening practical.

### Screening practical

A two-hour screening facilitated by participant screening teams and supported by the course facilitator.

### **Online session 3: screening reflection**

A two-hour feedback and reflection session covering:

- screening team feedback and learning
- report writing
- planning for MWIA use
- next steps.

### **Team assignments (screening reports)**

Each team will write a screening report identifying potential impact on mental wellbeing highlighted by the practical screening. A second screening will be completed and submitted within four weeks of completing the first assignment to consolidate learning.

### **Learning logs and verification**

Each participant will be required to submit and self-assessment learning log for verification to be signed off by the course facilitator. All participants who are verified will receive an MWIA practitioner certificate.